



**NATIONAL MEN'S HEALTH POLICY**  
**Men's Health Community Consultation**  
**Promotion & Facilitation Guide**

**1. PROMOTION - GETTING MEN TO ATTEND YOUR COMMUNITY CONSULTATION**

- Select the best ways to spread the word in your community ie. word of mouth, advertisement/article in local paper, radio, community television.
- Produce a flyer to distribute by email and to print and put up in key organisations, businesses, shops, hotels, community centres – generally the places men go in your community. Don't forget health centres, GP practices, hospitals and youth groups
- Use any existing men's groups, organisations, men's support groups. Increase the numbers by asking men who regularly attend these groups to bring their mates as well.
- Make sure your advertising states that women are welcome and that men of all ages should attend – we need to encourage young men to attend and be heard.
- Perhaps tie your Community Consultation to a BBQ or some other social event.
- Think about the venue for your Community Consultation – is it male friendly? Perhaps hold in a club, sporting club, hotel, community hall, ethnic centre or workplace.

**2. COMMUNITY CONSULTATION PROCESS SUGGESTIONS**

The most important part of the Community Consultation is giving the people who come along plenty of time to respond and discuss the Focus Area Questions and come up with lots of good ideas. Keep the introduction to the Community Consultation really brief (15 mins) and the Closing Session, that gathers all information together, should also be as brief as possible (30 mins)

It is important that people's input is acknowledged and respected and that they know that they are the most important part of the consultation process.

Sometimes you will hold a Community Consultation and get more community, health and welfare workers than community members. If this happens the discussion will be very different and may focus more on processes, outcomes, evaluation, models etc.

If this happens you could consider asking the following 3 questions at the beginning:

- *What are the best things to happen to men's and boys' health (achievements) in the past couple of years?*
- *What challenges do you see for men's and boys' health?*
- *What's needed to overcome these challenges?*

For people representing particular sub-populations of men, you could also ask:

*What's needed for men and boys in your community (could be neighbourhood, geographic area, ATSI, CALD, older men, younger men, gay men, dads etc.)*

**3. COMMUNITY CONSULTATION OUTLINE SUGGESTIONS**

Work out how much time you need. Is it a day, evening or weekend Community Consultation, this will change the amount of time you have. I suggest a minimum of three hours and I have prepared a template for a 3 hour meeting below. It would be better to have more time; if you do adjust the template times accordingly.

<b>Time</b>	<b>Community Consultation Item</b>	<b>What is needed</b>
9.30	Opening Session: Welcome and Introduction to Community Consultation Present Community Consultation Outline showing what will happen at the Community Consultation and when. Arrange people in smaller groups if you have a large number of participants	Appropriate Audio/Visual Equipment Men's Health Consultation Resources from Dept of Health & Ageing
9.45	Split into groups and work through the PP Focus Areas	MH Policy Community Consultation PP slides AMHF MH Community Consultation Focus Areas PP slides
10.45	Coffee Break	Refreshments
11.00	Continue work in small groups 11.50 am - Give warning that report back will start at 12.00	
12.00	Closing Session: Bring people back to large group with their major suggestions in each area. Ask each group to report back. Time limit to 5 mins each. Ask participants to complete a MH Policy Feedback Form Closing Remarks and Thanks to all for attending	MH Policy Feedback Forms
12.30	Close	Send small group information and feedback forms to Dept of Health & Ageing and AMHF

#### **4. COMMUNITY CONSULTATION OUTCOMES**

At the conclusion of your Community Consultation, you would have lots of information provided by participants that addressed the focus questions and other useful suggestions, also a number of completed Men's Health Policy Feedback Forms. If the Community Consultation organisers have the resources they could collate the Community Consultation information in a Word Document and send copies of these and completed Feedback Forms to:

##### **Dept of Health and Ageing Contact**

Email address: [menshealthpolicy@health.gov.au](mailto:menshealthpolicy@health.gov.au)

Postal address: Men's Health Policy MDP 13, GPO Box 9848 Canberra ACT 2601

##### **AMHF Consultation Contact**

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#### **5. COMMUNITY CONSULTATION FOLLOW UP**

Perhaps if there are local men's groups in the area of your Community Consultation meeting, they may want to offer some follow up service to the men who attended the your meeting or you may ask if the participants want feedback from the meeting and suggest a ways of doing this eg. by collecting participants names, addresses, email addresses and sending information to them or alternatively calling a second meeting to report back on developments.

This guide was produced by AMHF, for the guidance of groups in the community. Further information or support in holding your Men's Health Discussion Community Consultation in your community please contact:

AMHF contact person Anthony Brown 02 4570 1713 [anthony.brown@uws.edu.au](mailto:anthony.brown@uws.edu.au)